

# GUARDIAN

## FALL PROTECTION



### Product Name: Non-Shock Lanyard

Part #: 01121, 01122; 01280, 01250, 01255, 01260, 01265, 01251, 01261, 01265, 01270, 01271

### Instruction Manual

**Do not throw away these instructions!**  
**Read and understand these instructions before using equipment!**

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## Introduction

Thank you for purchasing a Guardian Fall Protection Non-Shock Lanyard. This manual must be read and understood in its entirety, and used as part of an employee training program as required by OSHA or any applicable state agency.

This and any other included instructions must be made available to the user of the equipment. The user must understand how to safely and effectively use the Non-Shock Lanyard, and all fall safety equipment used in combination with the Non-Shock Lanyard.

User Information	
Date of First Use:	_____
Serial #:	_____
Trainer:	_____
User:	_____

## Applicable Safety Standards

When used according to instruction specifications, this product meets or exceeds all applicable OSHA 1926 Subpart M, OSHA 1910, ANSI Z359.1-2007, and ANSI A10.32-2012 standards for fall protection. Applicable standards and regulations depend on the type of work being done, and also might include state-specific regulations. Consult regulatory agencies for more information on personal fall arrest systems and associated components.

## Worker Classifications



### CAUTION

Understand the following definitions of those who work near or who may be exposed to fall hazards.

**Qualified Person:** A person with an accredited degree or certification, and with extensive experience or sufficient professional standing, who is considered proficient in planning and reviewing the conformity of fall protection and rescue systems.

**Competent Person:** A highly trained and experienced person who is ASSIGNED BY THE EMPLOYER to be responsible for all elements of a fall safety program, including, but not limited to, its regulation, management, and application. A person who is proficient in identifying existing and predictable fall hazards, and who has the authority to stop work in order to eliminate hazards.

**Authorized Person:** A person who is assigned by their employer to work around or be subject to potential or existing fall hazards.

**It is the responsibility of a Qualified or Competent person to supervise the job site and ensure all applicable safety regulations are complied with.**

## Product Specific Applications



### WARNING

Use of equipment in unintended applications may result in serious injury or death. Maximum 1 attachment per connection point.



**Personal Fall Arrest:** Non-Shock Lanyard may be used to support a MAXIMUM 1 PFAS for use in Fall Arrest applications when used in combination with compatible shock absorber extension. Structure must withstand loads applied in the directions permitted by the system of at least 5,000 lbs. Maximum free fall is 6', or up to 12' if used in combination with equipment explicitly certified for such use. Applicable D-ring: Dorsal.

**WARNING** Non-Shock Absorbing Lanyards may only be used in Fall Arrest applications when used with compatible shock absorber extension.



**Restraint:** Non-Shock Lanyard may be used in Restraint applications. Restraint systems prevent workers from reaching the leading edge of a fall hazard. Always account for fully deployed length of lanyard/SRL. Structure must withstand loads applied in the directions permitted by the system of at least 1,000 lbs. No free fall is permitted. Restraint systems may only be used on surfaces with slopes up to 4/12 (vertical/horizontal). Applicable D-rings: Dorsal, Chest, Side, Shoulder.



**Work Positioning:** Non-Shock Lanyard may be used in Work Positioning applications. Work Positioning systems allow a worker to be supported while in suspension and work freely with both hands. Structure must withstand loads applied in the directions permitted by the system of at least 3,000 lbs. Maximum allowable free fall is 2'. Applicable D-rings: Side, Shoulder.



**Rescue/Confined Space:** Non-Shock Lanyard may be used in Rescue/Confined Space applications. Rescue systems function to safely recover a worker from a confined location or after exposed to a fall. There are various configurations of Rescue systems depending on the type of rescue. Structure must withstand loads applied in the directions permitted by the system of at least 3,000 lbs. No free fall is permitted. Applicable D-rings: Dorsal, Chest, Shoulder.

**For all applications: worker weight capacity range (including all clothing, tools, and equipment) is 130-310 lbs., or up to 420 lbs. if used in combination with equipment explicitly certified for such use.**

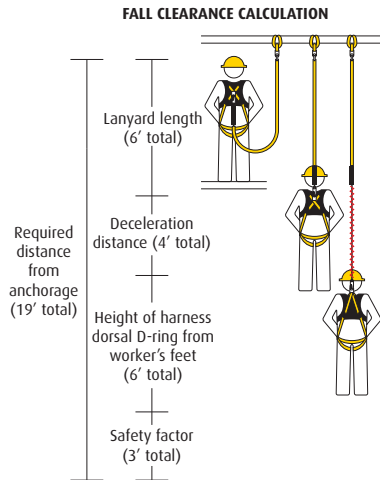
**WARNING** Not all Guardian Non-Shock Absorbing Lanyards may be used in every application type. ALWAYS consider lanyard length, design, and any other structural components. ALWAYS read and adhere to product labeling. A Competent Person MUST make a determination regarding correct lanyard application and compatibility.

## Limitations

**Fall Clearance:** There must be sufficient clearance below the anchorage connector to arrest a fall before the user strikes the ground or an obstruction. When calculating fall clearance, account for a MINIMUM 3' safety factor, deceleration distance, user height, length of lanyard/SRL, and all other applicable factors.

**Diagram shown is an example fall clearance calculation ONLY.**

**Swing Falls:** Prior to installation or use, make considerations for eliminating or minimizing all swing fall hazards. Swing falls occur when the anchor is not directly above the location where a fall occurs. Always work as close to in line with the anchor point as possible. Swing falls significantly increase the likelihood of serious injury or death in the event of a fall.



**Compatibility:** When making connections with Non-Shock Lanyard, eliminate all possibility of roll-out. Roll-out occurs when interference between a hook and the attachment point causes the hook gate to unintentionally open and release. All connections must be selected and deemed compatible with Non-Shock Lanyard by a Competent Person. All connector gates must be self-closing and self-locking, and withstand minimum loads of 3,600 lbs. See the following for examples of compatible/incompatible connections:

Connector closed and locked to D-ring. **OK.**



Connector to integral lanyard. **NO.**

Two or more snap hooks or carabiners connected to each other. **NO.**



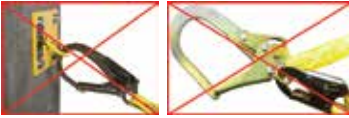
Connector directly to webbing. **NO.**

Two connectors to same D-ring. **NO.**



Application that places load on gate. **NO.**

Incompatible or irregular application, which may increase risk of roll-out. **NO.**



Connector directly to horizontal lifeline. **NO.**

## Components and Specifications

Materials:

Webbing: Polyester and nylon. 1" width.

Snap Hooks/Rebar Hooks: galvanized steel or aluminum.

Part #	Size	Description
01280	4' - 6'	Adjustable Non-Shock Absorbing Lanyard
01250	2'	Non-Shock Absorbing Lanyard - Single Leg
01255	3'	Non-Shock Absorbing Lanyard - Single Leg
01260	4'	Non-Shock Absorbing Lanyard - Single Leg
01265	6'	Non-Shock Absorbing Lanyard - Single Leg
01251	3'	Non-Shock Absorbing Lanyard - Single Leg w/Rebar Hook
01261	4'	Non-Shock Absorbing Lanyard - Single Leg w/Rebar Hook
01265	6'	Non-Shock Absorbing Lanyard - Single Leg w/Rebar Hook
01270	4' - 6'	Non-Shock Absorbing Lanyard - Double Leg
01271	4' - 6'	Non-Shock Absorbing Lanyard - Double Leg w/Rebar Hooks
01121	18"	Extension Lanyard w/Snap Hook End
01122	18"	Extension Lanyard w/Web Loop End

## Installation and Use

1. Inspect Guardian Non-Shock Absorbing Lanyards and all PFAS equipment to be used in combination with Non-Shock Absorbing Lanyards.
2. Ensure that all connectors and all other components of the PFAS are compatible with Guardian Non-Shock Absorbing Lanyards, and are selected by a Competent Person. The selected safety harness MUST be of proper size, and MUST be fitted snugly, but still allow for a full range of movement.
3. Make considerations for eliminating or minimizing swing fall hazards.
4. Ensure structure to which the anchorage connector is attached is capable of withstanding a MINIMUM load relative to the application with which the Non-Shock Absorbing Lanyard is to be used.
5. Attach lanyard snap hook or carabiner to compatible harness D-ring. ALWAYS locate the shock absorber end at the applicable harness D-ring. The shock absorber MUST NEVER be located at the anchorage connector.
6. Attach remaining snap hook or carabiner end of lanyard to compatible anchorage connector. Rebar Hooks MUST ONLY be connected to structural rebar. Ensure that all connectors are self-closing and self-locking, and that there is no risk of roll-out.
7. NEVER work with employed harness D-ring positioned above the anchorage connector, unless permitted by specific application or combination of equipment. A Competent Person must make a determination regarding the acceptability of working above an anchorage connector.
- 8. Only use Guardian Lanyards in the fall protection application(s) for which they are designed. Refer to product labeling, or contact Guardian Fall Protection if unsure of proper application(s).**



## Maintenance, Cleaning, and Storage

If Non-Shock Lanyard fails inspection in any way, immediately remove it from service, and contact Guardian to inquire about its return or repair.

Cleaning after use is important for maintaining the safety and longevity of Non-Shock Lanyard. Remove all dirt, corrosives, and contaminants from Non-Shock Lanyard before and after each use. If Non-Shock Lanyard cannot be cleaned with plain water, use mild soap and water, then rinse and wipe dry. NEVER clean Non-Shock Lanyard with corrosive substances.

When not in use, store equipment where it will not be affected by heat, light, excessive moisture, chemicals, or other degrading elements.

## Inspection

Prior to EACH use, inspect Non-Shock Lanyard for deficiencies, including, but not limited to, corrosion, deformation, pits, burrs, rough surfaces, sharp edges, cracking, rust, paint buildup, excessive heating, alteration, and missing or illegible labels. IMMEDIATELY remove Non-Shock Lanyard from service if defects or damage are found, or if exposed to forces of fall arrest.

Ensure that applicable work area is free of all damage, including, but not limited to, debris, rot, rust, decay, cracking, and hazardous materials. Ensure that selected work area will support the application-specific minimum loads set forth in this instruction manual. Work area MUST be stable.

At least every 6 months, a Competent Person other than the user must inspect Non-Shock Lanyard. **Competent Person inspections MUST be recorded in inspection log in instruction manual and on equipment inspection grid label. The Competent Person must sign their initials in the box corresponding to the month and year the inspection took place.**

During inspection, consider all applications and hazards Non-Shock Lanyard have been subjected to.

## Inspection Log

Date of First Use: \_\_\_\_\_.

Product lifetime is indefinite as long as it passes pre-use and Competent Person inspections. User must inspect prior to EACH use. Competent Person other than user must complete formal inspection at least every 6 months. Competent Person to inspect and initial.

This inspection log must be specific to one Non-Shock Lanyard. Separate inspection logs must be used for each Non-Shock Lanyard. All inspection records must be made visible and available to all users at all times.

	J	F	M	A	M	J	J	A	S	O	N	D
YR												
YR												
YR												
YR												
YR												

**If equipment fails inspection IMMEDIATELY REMOVE FROM SERVICE.**

## Safety Information



Failure to understand and comply with safety regulations may result in serious injury or death. Regulations included herein are not all-inclusive, are for reference only, and are not intended to replace a Competent Person's judgment or knowledge of federal or state standards.

Do not alter equipment. Do not misuse equipment.

Workplace conditions, including, but not limited to, flame, corrosive chemicals, electrical shock, sharp objects, machinery, abrasive substances, weather conditions, and uneven surfaces, must be assessed by a Competent Person before fall protection equipment is selected.

The analysis of the workplace must anticipate where workers will be performing their duties, the routes they will take to reach their work, and the potential and existing fall hazards they may be exposed to. Fall protection equipment must be chosen by a Competent Person. Selections must account for all potential hazardous workplace conditions. All fall protection equipment should be purchased new and in an unused condition.

Fall protection systems must be selected and installed under the supervision of a Competent Person, and used in a compliant manner. Fall protection systems must be designed in a manner compliant with all federal, state, and safety regulations. Forces applied to anchors must be calculated by a Competent Person.

Unless explicitly stated otherwise, the maximum allowable free fall distance for lanyards must not exceed 6'. No free fall allowed for non-LE SRLs. Class A SRLs must arrest falls within 24"; Class B SRLs must arrest falls within 54".

Harnesses and connectors selected must be compliant with manufacturer's instructions, and must be of compatible size and configuration. Snap hooks, carabiners, and other connectors must be selected and applied in a compatible fashion. All risk of disengagement must be eliminated. All snap hooks and carabiners must be self-locking and self-closing, and must never be connected to each other.

A pre-planned rescue procedure in the case of a fall is required. The rescue plan must be project-specific. The rescue plan must allow for employees to rescue themselves, or provide an alternative means for their prompt rescue. Store rescue equipment in an easily accessible and clearly marked area.

Training of Authorized Persons to correctly erect, disassemble, inspect, maintain, store, and use equipment must be provided by a Competent Person. Training must include the ability to recognize fall hazards, minimize the likelihood of fall hazards, and the correct use of personal fall arrest systems.

NEVER use fall protection equipment of any kind to hang, lift, support, or hoist tools or equipment, unless explicitly certified for such use.

Equipment subjected to forces of fall arrest must immediately be removed from use.

Age, fitness, and health conditions can seriously affect the worker should a fall occur. Consult a doctor if there is any reason to doubt a user's ability to withstand and safely absorb fall arrest forces or perform set-up of equipment. Pregnant women and minors must not use this equipment.

Physical harm may still occur even if fall safety equipment functions correctly. Sustained post-fall suspension may result in serious injury or death. Use trauma relief straps to reduce the effects of suspension trauma.

## Labels

**GUARDIAN**  
FALL PROTECTION

**For use in Restraint or Work Positioning applications ONLY.**

**NEVER for use in Fall Arrest applications.**

**Shock Absorbing Lanyard:**  
Compliant with all applicable ANSI Z359.13-09, ANSI A10.32-12, OSHA 1910, and OSHA 1926 Subpart M requirements.

**Capacity:**  
130-310lbs max. (including all equipment)

**Material:** Polyester or Nylon

90396  
(Rev. A)

**WARNING!**

Follow manufacturer's instructions provided with this lanyard at time of shipment from manufacturer. Fully read and understand these instructions prior to use.

Improper use of this product could result in serious injury or death. Avoid contact with sharp edges and abrasive surfaces that can cut or damage the webbing or components.

Make only safe, compatible connections.

For use only with other OSHA and ANSI compliant equipment as part of a personal fall protection system.

**DO NOT REMOVE LABELS**

YR	J	F	M	A	M	J	J	A	S	O	N	D

USER MUST INSPECT BEFORE EACH USE.  
Competent Person to inspect and initial at least every 6 months.  
Date of First Use (please complete) \_\_\_\_\_  
Service life of product is 5 years from Date of First Use.

Serial Number :

Date of Manufacture:

Model Number:

Size: